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Pain Management Algorithm

Step 1: Post Surgery Regimen for Pain Control	Acetaminophen 500mg Two tabs twice a day	Celebrex 200mg Twice a day	Oxycodone 5mg or Tramadol 50mg As needed, every 6 hours	ICE & Elevation 20 minutes every hour
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If Pain not Controlled by Step 1 advance to Step 2

Step 2: Regimen if Step 1 doesn't fully control pain	Acetaminophen 500mg Increase to two tabs three times a day	Celebrex 200mg Continue at twice a day	Oxycodone 5mg or Tramadol 50mg Increase to every 4 hours	ICE & Elevation Continue 20 minutes every hour
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If Pain not Controlled by Step 2 advance to Step 3

Step 3: Regimen if Step 2 doesn't fully control pain	Acetaminophen 500mg Increase to two tabs four times a day	Celebrex 200mg Continue at twice a day	Oxycodone 5mg or Tramadol 50mg Increase up to two tabs every 4 hours	ICE & Elevation Continue 20 minutes every hour
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